



OCTOBER 2023

Menu is Subject to Change
without Notice.

"This institution is an equal opportunity provider"

Van Buren County CSD (Elementary Center)

Monday

Corn Dogs **2**
Red Pepper Strips
Cauliflower Blend
with CH Sauce
Fruit Milk

Walking Taco **9**
Meat & Cheese
Refried Beans
Fruit Cauliflower
Milk

No School 16

Cold Ham & Cheese **23**
Sandwich (WG Bread)
Veggie Soup
Carrot & Celery Sticks
Fruit Milk

No School 30

Tuesday

Cheese Pizza WG **3**
Corn Cucumbers Carrots
Fruit
Milk

BBQ Pulled Pork **10**
On Bun
Red Peppers Broccoli
Fruit
Milk

WG Goulash **17**
WG Bread Stick
Lettuce Tomatoes
Fruit
Milk

Beef Patty **24**
With Brown Gravy
WG Dinner Roll
Mashed Potatoes
Broccoli Fruit Milk

NO PRE SCHOOL TODAY 31
Hot Chicken Fajita Wrap
Meat & Cheese
Peas Carrots
Fruit Milk

Wednesday

Chicken Nuggets **4**
Bread and Margarine
Yams Mix Veggies
Fruit
Milk

Cheese Burger **11**
On Bun
Fries Sliced Tomatoes
Fruit
Milk

Sausage Gravy **18**
On Biscuit
Hash brown Tomato Juice
Fruit
Milk

Macaroni & Cheese **25**
Cooked Carrots
Cauliflower
Fruit Milk

Thursday

WG Spaghetti Noodles **5**
Red Meat Sauce
Baked Beans Broccoli
Fruit
Milk

Crispito **12**
Corn Lettuce
Fruit
Milk

Hot Dog **19**
On Bun
Chili Beans Potato Salad
Fruit
Milk

Chicken Patty **26**
On Bun
Green Beans Yams
Fruit
Milk

Friday

Meat loaf **6**
WG Dinner Roll
Baked Potato Green Beans
Fruit
Milk

Maid Rite **13**
On Bun
Carrots Cucumbers
Fruit
Milk

No School 20

Soft Shell Taco **27**
Meat & Cheese
WG Cookie
Refried Beans Red Peppers
Fruit Milk



Fresh Fruits will be offered when available.

All Milk offered is Fat Free Skim White or Chocolate.

ALL ELEMENTARY STUDENTS ARE OFFERED 1 Free REIMBURSABLE Lunch PER DAY.